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**РАЗГОВОР  
О ЗДОРОВЬЕ  
И ПРАВИЛЬНОМ  
ПИТАНИИ**

**РАБОЧАЯ ТЕТРАДЬ**

**Правильное Питание**

Образовательная  
программа





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The background features a colorful illustration of a family and a woman. At the top left, a man in a blue suit and a young boy in a red shirt are looking towards the center. To their right, a woman with blonde hair in a yellow dress holds a green apple. Below the man and boy, a young girl in a yellow dress holds a red apple, and a smaller child in a red dress points towards the text. On the right side, an older woman with white hair and glasses, wearing a purple dress and a white scarf, holds a white plate filled with various fruits including pears, apples, bananas, and grapes. The background is a bright blue sky with white clouds and green bushes with pink flowers.

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